



## **Myrna Lorraine Langerud**

**June 17, 1935 – December 20, 2022**

Myrna Lorraine Langerud, 87, Lake Mills and Estero, Fla., entered the presence of her Lord and Savior Jesus Christ, Dec. 22, 2022. Services for Myrna will be determined at a later date followed by internment of Myrna and Duane together, per their request, at Salem Lutheran Memorial Cemetery, Lake Mills. In lieu of flowers, donations may be made to Alzheimer's Research or Hospice of the Midwest.

Myrna was born June 17, 1935, in Joice, to Margaret D. Aamodt and H. Oscar Aamodt. Myrna graduated Valedictorian from Joice Independent High School and attended Waldorf College.

She married Duane Langerud when he returned home from the Korean War in 1954.

Myrna enjoyed travel, entertaining, bridge, golf, dancing, and time with family and friends. Both Myrna and Duane managed and directed the "American Contract Bridge League," which played bridge in competition all over the world.

Myrna's business, Century Antiques and Appraisals, LLC, allowed her to engage in her passion for antiques. She enjoyed volunteering and philanthropy including: the Waldorf College Alumni Board, chairman of the Winnebago Chapter of the American Cancer Society, the Democratic Women's Club, and various other organizations, resulting in her being selected to appear in the 1969 edition of Outstanding Young Women of America.

Myrna continued to serve on numerous health and service boards as a member and often the chair including: The Winnebago County Board of Health, North Iowa Rural Health Alliance, The Counsel of Human Services as appointed by then Governor Terry Branstad, and the Mental Health Developmentally Disabled and Brain Injured Board, and the Single Contract Task Force Committee for the State Department of Health.

Myrna's faith was center to her life and was the greatest gift she nurtured in her children and grandchildren. Myrna was active at Salem Lutheran Church, Lake Mills, and Hope Lutheran Church, Bonita Springs, Fla., where she studied to become a Stephens Minister.

Myrna will be greatly missed by her son, Alan (Mary Conrad) Langerud; daughters: Ann (Jay Benzshawel); and Amber Langerud; grandchildren: Kristan and Kevin Langerud; Daniel (Allie Reiter) Benzshawel, and Addison (Stella Hart) Benzshawel; and Ethan, Erin and Emerson Hollar; and great-grandchildren: Lydia Ann and Ethan James Benzshawel, and Ira John Hart Benzshawel.

Myrna was preceded in death by her husband of 48 years, Duane; parents; sister and her husband, Bonnie and Verdelle Schmalle.